

Rectory Farm Tea Menu

All speciality teas, herbal and fruit infusions are £2.95 per person.

Just taste the difference of our lovely selection of loose leafed teas, all sourced from suppliers in the South West.

Tregothnan Estate Tea

(Cornish tea grown on Cornish soil).

Tregothnan Classic Tea

The first ever truly English tea developed over 7 years at Tregothnan. A unique blend of the finest Assam and China type leaf blended with hand-plucked Tregothnan leaves.

Tregothnan Afternoon Tea

A light and exotic blend of the finest Darjeeling tea and rare hand plucked leaves from the Tregothnan Estate.

Black Teas

Smugglers

Our specially blended House Tea. A hearty blend of Ceylon and the finest Assam

Assam

From the Harmutty Estate, this is a special, fine, golden orange pekoe – in other words a very good quality tea. It has a rich and slightly malty flavour.

Ginger Tea

A black tea blended with little black pieces of kibbled ginger combine to create this wonderfully warming moreish tea.

Darjeeling

A single estate tea from the Margaret's Hope estate in the foot hills of the Himalayas. Darjeeling is said to be the champagne of teas, being light and fragrant with a hint of grape.

Decaffeinated Ceylon

This is a broken leaf tea from the Uva highlands with a bold, strong taste. We are sure you will not miss the caffeine.

Lapsang Souchong

A very smoky classic china tea probably one of the first teas to be drunk in this country.

Earl Grey (With extra Bergamot)

We use a blend of China and Ceylon teas along with extra bergamot and corn flowers to create this superb, wonderfully balanced, classic loose leaf tea blend. For those that like their Earl Grey with a delicious, extra oomph of bergamot.

Kamelia Chai

Our own blend of cardamom, star anise, cloves, ginger and cinnamon with blended Assam teas, based on a traditional Indian recipe. Delicious made with hot milk and lots of sugar.

Orange Blossom Oolong

Smells heavenly, amazing citrus aroma with a slight chestnut background. This is a, wonderful large leaf with tip picked in July, Formosa Oolong from Taiwan layered with orange blossoms, natural oils and peel.

Green Teas

Green teas have about half the caffeine of black teas. They are said to be healthier too because of the type of antioxidants they contain. Antioxidants are supposed to help the body fight infections and heart disease.

Gunpowder

A lovely tea with a gentle refreshing flavour. The leaves are rolled into tiny pellets, a great everyday tea.

Jasmine Flower Green Tea

A really well balanced blend of jasmine flowers with semi green China tea create this amazing semi-green tea with superb aroma and a smooth, refreshing aftertaste. With the benefits of low-caffeine and high levels of antioxidants.

White Peony – Pai Mu Tan

Probably one of the best known white teas, this classic is picked from the first tea buds of Spring and dried to produce the tea in its most pure form.

Longjing Dragonwell

Everything a green tea should be. The fine spear shaped leaves have a soft rich refreshing taste, very smooth and easy to drink. A good medium strength tea.



Herbal and Fruit Infusions

Our loose leaf fruit and herbal infusion selection offers a variety of signature blends and single origin tisanes that are fantastic, caffeine-free alternatives to our great range of teas.

Summer Mint

A full, fruity, refreshing infusion of apple, hibiscus, rose hip, peppermint, blackcurrants and lemongrass.

Rooibos

It is very high in antioxidants, vitamins and minerals and said to promote sleep and digestion and help the body fight infections.

Peppermint

Another classic, peppermint is particularly good for the digestive system. Our peppermint is organic to and highly aromatic and refreshing.

Red Berry Explosion

Delicious explosion of bright berry flavours with a slight tartness. The infusion will not go bitter if brewed for a long time, the flavours just get stronger in taste. Caffeine free fruit infusion. (Red Berries, Elderberries, Hibiscus flowers, Rose Hips, Fruit Peel, Blackcurrants, natural flavour).

